

VirtualVocations

NWFM 2016

SURVEY RESULTS:

TELECOMMUTER TRENDS IN WORK & FAMILY

[Read the full report at VirtualVocations.com]



National Work & Family Month (NWFM) is an annual October event addressing challenges of working U.S. families.



In honor of NWFM, **VirtualVocations** surveyed more than 1,000 of its registered members about telecommuting work-life balance and found:

89%

of job seekers are motivated to telecommute to achieve greater work and family cohesiveness.

RESPONDENT DEMOGRAPHICS

- 59.6% of survey respondents are over age 45
- 66.2% are actively in search of telecommute jobs
- 82.8% would be willing to accept lower wages in exchange for the opportunity to work from home at least some of the time
- 50.9% are directly responsible for the care of children or elderly family members in their homes

ROLE OF WORK-LIFE BALANCE

Although the majority of telecommuters report that work doesn't interfere with their ability to have dinner with their families and that work only minimally interferes with personal activities, work-life balance can be improved in a number of areas.



35.8% have worked while on vacation



34.7% admit their workplace doesn't support clear work-life boundaries



61.2% check work messages off the clock



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